



HEALING 4 HUMANITY  
PEACE SUNDAYS  
IN DECEMBER

**Introduction to  
Peace Circles**

Information on the Peace Circles Process, a 4-week Meditation Process where you will discover life-changing stress relief formulas, and the peace we, and the world are all looking for

An initiation evening where you will receive all process details

Sunday 17th November  
4.30-6.00 pm

**Peace Circles  
Meditations**

4-Week Group  
Meditation Process for  
Peace

Peace Circles  
Meditations are  
profound self-healing  
and global healing  
meditations, raising us  
to our highest selves  
and our highest good

Process cost: £70  
Sundays December 1st,  
8th, 15th & 22nd  
4.30-6.00 pm

**Eastbourne location**  
**Email [info@healing4humanity.com](mailto:info@healing4humanity.com)**